



חיי

Chay Life



GN 2:7

Chapter

1

ΑΩ

Chapter One: Discoveries in Bourran Park: A Journey
into Genesis 2:7

From "Ten Words That Will Change Your Chay"

By Rodrigo and Daniela Arteaga

Published by Chay Life, Madrid 28001

Web: Chay.life

© 2024 Rodrigo and Daniela Arteaga

All rights reserved. No portion of this chapter may be reproduced in any form without permission from the publisher, except as permitted by copyright law. For permissions contact: book@chay.life

Cover by Rodrigo Arteaga

Second Edition

CHAPTER 1

Discoveries in Bourran Park: A Journey into Genesis 2:7

Imagine this – I'm relaxing in Bourran Park, surrounded by towering sequoias, where my exploration of Genesis 2:7 began. This historic park, with a castle included shaped by generations past and the vision of landscape architect, provided the backdrop for my journey.

Bourran Park owes its name to the family of winemakers and farmers who cultivated the estate in the 17th century. Its current design, however, is the work of a renowned 19th-century landscape architect. He aimed to create a garden that reflected the contemporary tastes of the time, featuring a romantic bridge, exotic

trees, islands, and waterfalls. The park includes a picturesque lake with ducks and various birds, and it is home to remarkable trees from Europe, America, and Asia. The rare species planted during that time have thrived, with bald cypresses, centuries-old oaks and plane trees, magnolias, and sequoias providing generous shade along the park's pathways.

As I sat beneath the ancient trees, scripture verses mixed with the rustle of leaves, prompting deep thoughts. What started as a simple study turned into a personal journey of discovery of the human makeup. Bourran Park, with its vast greenery and winding paths, offered a place for reflection and insight.

Initially, my focus rested on Genesis 2:7, where the Hebrew words for spirit (Ruach) and breath (Neshamah) are mentioned. However, I soon discovered that while Neshamah is indeed

present, Ruach is notably absent from the account of man's formation. This finding of the absence of the word spirit in the key verse of Man's forming produced deeper curiosity, encouraging me to examine Genesis 2:7 word by word in all its nuances.

And the LORD God formed man of the dust of the ground, and breathed into his nostrils the breath of life; and man became a living soul.

Little did I know then the significance that the word "breath," or "neshamah," would hold in the months to come. As I plunged into this verse, unaware of the future events that would unfold, the world was about to face the COVID-19 pandemic in a few weeks, with restrictions on something as basic as breathing.

The verse took on a new relevance as the pandemic swept across the globe, highlighting the fragility of life and the importance of every breath. Amid uncertainty and turmoil, Genesis 2:7 became more than just a scripture—it became a focal point for reflection, offering perspective during these challenging times. As I pondered in our living human experience and the simple act of breathing, my study of Genesis 2:7 took on a deeper significance, influencing the course of the following four years of my life.

As I contemplated each word and phrase beneath the ancient trees, a multitude of questions emerged. With each reading of Genesis 2:7, I found myself wrestling with it, rather than discovering immediate clarity. Yet, amidst these uncertainties, Bourran Park remained a refuge—a place where I went back

again and again in the pandemia when it was permitted.



AI Illustration: Rodrigo Beneath Four Sequoia Trees and a Picnic Table in Bourran Park, Bordeaux, France.

Navigating the Unknown: Prayer Amidst Uncertainty

One morning in Bordeaux during the pandemic, my wife ended up oversleeping, even though she had intended to wake up early. We had been praying fervently for her healing for several months, and we were starting to see some significant improvements in her overall inflammation levels. The effectiveness of our prayers had been truly remarkable, easing many of our concerns. However, there was still one lingering worry on my mind.

Before our move to France, I distinctly remember praying for the Lord to fill my wife with abundant energy in our new home. She had so many projects she wanted to tackle, and it was clear to me that it wasn't the Lord's will

for her to feel constantly drained. While her joint pain was now a thing of the past, I couldn't shake the memory of her struggling with low energy levels in the past. It was a recurring challenge, especially during times when we were still wrestling with various health issues. But now, we were in a different phase of life, in a new location, and I was determined that things had to change. So, I made a firm decision to set aside our plans for the day, gather, seek God, pray, and believe for complete healing.

By this point, we had been occupied in prayer and inner healing for over three years. We had utilized every tool and technique we had learned from various schools and gifted spiritual leaders. I had even developed new protocols for inner healing prayers, and my wife had grown significantly in her own spiritual giftings. However, despite our experience, I

found myself at a loss on how to approach this particular issue in prayer. We had dealt with a wide array of spiritual matters before—such as iniquities, curses, and agreements—but this felt different. I realized that we needed to be specific in our prayers, especially when it came to engaging with the human spirit. This involved talking to the person directly while allowing their higher self to influence their thoughts. We couldn't afford to be vague; we needed clear, targeted prayers to receive clear guidance and direction.

I totally forgot about my Genesis 2:7 research for a while there. It wasn't until I hit a wall, feeling lost on how to help my wife boost her energy levels, that it all came rushing back. Honestly, I didn't have a clue which tools to grab, whether it was our usual ones or the ones from those amazing teachings that had helped

us before. But just as we were about to start our prayer session, it dawned on me suddenly —I remembered my Hebrew word study on Genesis 2:7. I thought, what if we asked Daniela's spirit to dig into those words? It was a leap of faith, but we went for it, asking her spirit to focus on the word for "formed" in Hebrew. And that's when everything changed.

Daniela was swept up in this intense experience, each Hebrew word hitting her like a wave. We had to pause several times just to take it all in, the depth of revelation pouring in. It was a game-changer, a real "before" and "after" moment for us. Ever since that day, our whole approach to life, our relationship, everything, has been different. Daniela's enthusiasm for life skyrocketed—she felt a newfound balance in her soul, a commitment to following the Lord's lead like never before. And you know what?

That fresh drive eventually brought her the energy she'd been craving. And the prayers? They've impacted me just as much.

Genesis 2.7 Hebrew Words: Portals to Other Dimensions

But what happened? Each word acted as a portal to a spiritual dimension where Daniela could see, walk, and feel what was there. These dimensions were accessed through the sound frequency of the pronounced word, with her spirit showing us what needed to be done. Before she could access a Genesis 2.7 dimension, there was sometimes an ungodly place from which her soul needed to be delivered before attempting to restore the

righteous dimension. This was the case with her first experience.

Her initial access to these dimensions often led her to an ungodly place—a dark, lifeless space. With our experience in dealing with these sorts of evil designs, I would help her find her way out by identifying the issue that caused her to be there. Her spirit would reveal a condition of her soul in a spiritual place that reflected that condition. Once the issue was addressed, I would ask God to take her out.

Something similar happened the first time we prayed Genesis 2:7: During our prayer with the Hebrew words, her journey continued into the dimension that was originally intended. The first word engaged, Yatsar, meaning "formed" from Genesis 2:7, opened the portal to her first

dimension. However, this only happened after finding the issue and delivering her soul of a place of trauma. In Daniela's case she had the horrible feeling that she was drowning in a very dark place. She had connected to a type of place known as a Region of Captivity where a part of her soul was but wasn't yet Yatsar.

Although Yatsar was the dimension she was meant to be in, it wasn't completely righteous. There were things that needed alignment, and necessary inquiries had to be made. The place was right, but some issues needed to be resolved. She found herself in her mother's womb and needed to forgive her mother for certain agreements her mother had made. By doing this, she was able to pass through a narrow place with light shining at the end. She was experiencing her own birth in a positive way once she addressed the issues there. After

coming through the light and out of the womb, she arrived at a place of light. It was as if something about her in her mother's womb needed to pass through again in a healthy, Godly way. That was Yatsar, a dimension connected to the womb.

A condition needed to be met before she could access the dimension invoked by the Hebrew word: she had to free her soul from a place of trauma. Once the trauma in her soul that was being pointed out by the spirit was addressed, she could work with the righteous dimension corresponding to the Hebrew word and cleanse it if necessary. This cleaning or aligning of the dimension was the major focus of our prayers carrying deliverance and higher levels of freedom. As the dimensions were cleansed, she could feel the deliverance, and her spirit enjoyed more and more freedom.

This cleansing process continued with all the portals we accessed. There were ten portals opened by ten Hebrew words. We later found that the word Chay which means life was the eleventh dimension that connected all the other ten dimensions. In the following chapters we will dive with all the details of each dimension. However, I will say that through Genesis 2:7 we were exploring heavenly dimensions that were accessed from within Daniela that needed alignment in order to impact her life.

Exploring Spiritual Breath

Just as there was an initial dimension, Yatsar, related to the time spent in the womb and the care received from the mother, there was also a stage involving the father's blessings in life. The

name of this dimension and as well as the name of the portal to access it is the Hebrew word for breath Neshamah. This place appeared empty, like a void without its essence. We discovered that it was the father's blessing, his breath and affirmation, that was missing, which was essential for growth and fulfillment. At the time we did not know this was the first dimension to express masculine energy as well as the following four dimensions.

Interestingly, the next dimension, APH, which means nostrils, was also associated with breath. This dimension lacked what could enhance its atmosphere—it needed to breathe, just as Adam had received God's Breath of life.

We checked out the atmosphere, and Daniela mentioned it wasn't exactly a breath of fresh air

and felt a bit chilly. After probing further, we realized something crucial was missing. So, we decided to pray about it. As we prayed, the missing object in this dimension started to appear, hidden beneath the icy surface of a river. Addressing the coldness in her heart towards certain aspects of her life, we then asked angels to retrieve the object from the ice. To our surprise, it turned out to be a massive, colorful pinwheel.

It took Daniela a bit of time to describe the pinwheel to me. She compared it to the colorful antennas that little girls often wear on their heads and let the wind move them. "Oh," I exclaimed, "like a pinwheel!" Daniela elaborated, noting that its four blades weren't as thin as those typically seen on a pinwheel but resembled leaves, with wider and rounded arms. I quickly sketched it out based on her

description, and she confirmed that it matched her vision. Additionally, she pointed out that the pinwheel was adorned with vibrant colors—red, green, yellow, and blue—and had a long pole supporting it.

After determining if it was complete or needed restoration, we prayed over the issue and asked the angels to restore it to its place. They positioned the pinwheel atop a cliff overlooking a river (We will later learn about the River of Your Life, and the Field of Peace that are also part of this dimension of the Heart called APH). Then, guided by the Spirit, we asked Jesus to blow His breath into the dimension. When Jesus' breath came, the pinwheel sprang to life, circulating air throughout Daniela's APH dimension. The powerful wind nearly knocked her over in our apartment in Bordeaux, as she felt a strong internal movement. Later, she described feeling her spirit grow three times its

size. Recognizing the intensity of restoring the seventh dimension, we decided to end our prayer session for the day, as her body needed rest.

The timing of this revelation, amid a pandemic that highlighted the fragility of breath, was nothing short of providential. Genesis 2:7, with its depiction of the divine breath, reminded us that the breath of life is an ongoing blessing.

Just as people needed ventilators during the pandemic when their lungs collapsed, God was showing us our need for spiritual ventilators—like the pinwheel for our heart. Just as our physical hearts circulate blood through our lungs to receive oxygen, our spiritual hearts need the Breath of Life to thrive. The spiritual pinwheel ensures that our inner being is

continually refreshed and revitalized, preventing our hearts from growing cold and lifeless.

We understood the importance of nurturing our inner being with the Breath of Life, and that we don't always have the spiritual dimensional elements necessary to capture this divine breath. It was a new concept to realize that we needed a device within our inner being to harness the Breath of Life, and that we must care for the atmosphere of our spiritual heart through this device. This involved having it restored, established in its rightful place, and having Jesus breathe into it to start functioning and moving the breath of life within us.

Ready to dive into Chapter 2?

Get it here: <https://chay.life/getchapter>

Stay Connected and Explore Further

Greetings! I'm currently in the process of writing the second edition of my book, "Ten Words that will Change Your Chay." After careful consideration, I've decided to share the book with you as I write it. I believe this approach will enable us to establish a stronger connection and ensure that I provide the highest quality content with the benefit of your feedback. Additionally, it offers an excellent opportunity to expand our reach to more individuals.

I have two requests for you. Firstly, I would greatly appreciate **your thoughts** on each chapter as I release them. Secondly, please feel **free to distribute the PDF** to anyone who may be interested in exploring this revelation as it unfolds over the coming months.

Furthermore, I am exploring various avenues to finance the forthcoming chapters and would welcome assistance from individuals who possess the talent or inclination to share this revelation within their communities.

Let's remain in contact! You can reach out to me via email at rodrigo@chay.life or through t.me/hellorodrigo.

Before exploring the courses available on my website, I encourage you to get in touch with me. Doing so will allow me to extend a 20% discount on any course and provide personalized guidance on where to begin and how I can best support you.

You can access both paid and free courses on our website:
[Learn.chay.life](https://learn.chay.life)

I'd like to point that our courses include live one-on-one meetings, a feature not currently mentioned on the site. Additionally, we offer both high-ticket prayer sessions and more affordable options. Therefore, I invite you to contact me before making a purchase so that I may tailor a plan that suits your needs.

Our commitment is to continuously improve our service to ensure that the Chay revelation reaches as many people as possible.

Join us in sharing this story far and wide! Support our efforts here: Give Support - <https://chay.life/donate>.



Daniela & Rodrigo Arteaga

Founders of Chay.Life

Follow Us Here

Facebook: [Facebook.com/booktenwords](https://www.facebook.com/booktenwords)

Instagram: [Instagram.com/coaching.chay.life](https://www.instagram.com/coaching.chay.life)

Website: [Chay.life](https://www.chay.life)

Courses: [Learn.chay.life](https://www.learn.chay.life)